



AN EVENING TO EXPLORE CAREER PATHWAYS

Thornlea School Council is hosting a Career Night on April 18 at 7p.m. for all students who would like to explore their career options. Parent/guardian volunteers from a variety of professions will share their pathways, followed by a Q&A period. Students can choose up to 2 sessions to attend. More information and a Google form will be provided to students after March Break. Please encourage your child(ren) to take advantage of this valuable opportunity. We also welcome any parents or guardians who would like to share their experience on Career Night to send us an [email](#) - thank you!

IMPORTANT DATES

School Council Meeting

Thornlea S.S. Library
April 17, 2023 7p.m.

Career Night

April 18, 2023 7p.m.

Mental Health Workshop

May 16, 2023 7p.m.

THE IMPORTANCE OF A POSITIVE MENTAL HEALTH ENVIRONMENT

Teenage years are a formative time for developing healthy emotional, social, and physical habits that will carry over into adulthood. A positive and supportive environment at home is crucial in promoting good mental well-being. Dr. Bisleen Attli, N.D., will be presenting an in-person workshop at Thornlea to discuss different mental health strategies and the importance of creating a positive environment at home. The School Council sincerely invite you to attend this workshop on May 16 at 7p.m.

Thornlea School Council

Executive Members

- Myra C. (Co-chair)
- Eva S. (Co-chair)
- Diana L. (Communications)
- Sharon A. (Extracurricular)
- Claudia M. (Secretary)
- Jim Z. (Treasurer)

Contact Us

thornlea.ss@sc.yrdsb.ca



You can support Thornlea School Council's initiatives by making purchases on your favorite online stores via FlipGive or buying gift cards via FlipGive Shop App to pay for your in-store purchases. [Click here to join!](#)



RAISING RESILIENT KIDS

A WORKSHOP ON CULTIVATING GREAT MENTAL HEALTH IN YOUR CHILDREN

DATE: MAY 16TH @ 7PM

LOCATION: THORNLEA SECONDARY SCHOOL

SCHOOL ADDRESS: 8075 BAYVIEW AVE, THORNHILL, ON L3T 4N4

Learn strategies for navigating social media, having difficult mental health conversations, and creating a positive mental health environment at home for teenagers. You will also learn about the holistic approach to great mental health.

By the end of this workshop, you will leave with practical tools & tips that you can immediately use to improve you and your family's mental health and wellbeing. This workshop will cover the essential foundations of great mental health.

Hosted By:

Dr. Bisleen Attli, ND



THE MENTAL EMPOWERMENT CENTRE

CONTACT:

- ✉ INFO@MENTALEMPOWERMENTCENTRE.COM
- 🌐 WWW.MENTALEMPOWERMENTCENTRE.COM
- ♥ [@DRBISLEENATTLI](https://www.instagram.com/DRBISLEENATTLI)



WEBSITE



Wallace Joyce Scholarship

About The Scholarship

The Wallace Joyce Scholarship is a \$1,000 bursary created to support students from York Region pursuing their studies in an art or design-related field at a post-secondary level.

[Apply Here!](#)

Deadline

Friday, March 31, 2023

Learn More

VarleyMcKayArtFoundation.com

Requirements

- Completed application form
- Curriculum vitae
- Selection of the applicant's works
- Letter documenting the applicant's enrolment in an art/design college or university program
- Statement written by the applicant explaining their art practice
- Reference letter from one of the applicant's art teacher/instructor